

Technology as a “Cultural Issue”

Digital immigrants

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Technology as a “Cultural Issue”

Digital natives

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Don't Panic!

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While technology may bring up some novel issues, Ethical Standards are no different for telehealth than face-to-face treatment.

Think by analogy and compare and contrast to currently accepted technologies such as phone

Ethical Standards Implicated in Telepsychology Practice Include:

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Competence*
Informed Consent*
Confidentiality*
Adequate Scientific Basis for Work*
Use of Assessment
Test Security
Recordkeeping and Fees

Think of Competence in 2 ways:

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Competence with regard to technology itself –

Do you have the knowledge to troubleshoot if technology fails during session?

Can you evaluate the security of communication?

Competence with regard to use of the technological treatment modality –

What is your level of experience and training in telepsychology?

Is there adequate research support for this method?

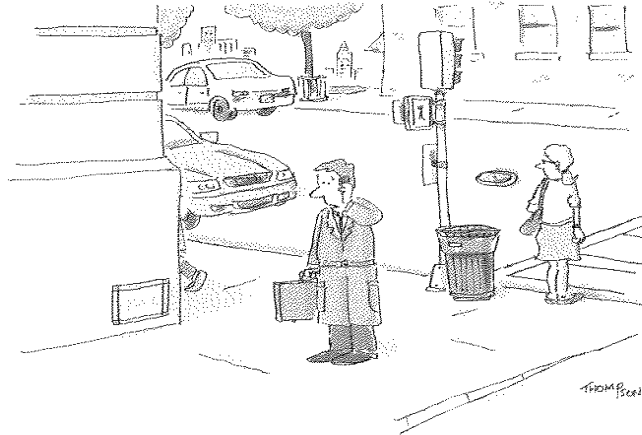
Competence - APA Ethics Code Standard 2.01(c)

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Psychologists planning to provide services, teach, or conduct research involving populations, areas, techniques, or ***technologies*** new to them undertake relevant education, training, supervised experience, consultation, or study.



THE NEW YORKER



"I'm trying to call as many people as I can before my phone goes out of style."

Impact of consumer demand:
Patients are accustomed to using technology
for communication and information
gathering.

All clinicians should consider:
**What are you telling the patient
regarding use of technology like email,
internet, and social media?**

Informed Consent re Technology

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Sets boundaries for provider and patient and manages expectations of patient

Essential elements:

- Identify limitations of using technology

- Potential risks to confidentiality/privacy (including patient education of their activities)

- Limits of confidentiality

 - (Standard 4.02 (c) - Psychologists who offer services, products, or information via electronic transmission inform clients/patients of the risks to privacy and limits of confidentiality.)

- Availability and response time

- Emergency situations, alternative forms of communication

Is there research concerning efficacy of the technology-based technique?

Is there research concerning the clinical impact of patient-therapist interactions outside therapy via e-mail, texts, tweets, etc. ?

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