

Overview of Psychological Services for Children and Adolescents 0-21

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History of MH Services for C&A in Public Health Settings

- Increased Awareness of Inter-relatedness of Physical and Mental Health
- 1998--MH for C&A Funded by Health Choice
- Nov. 2000--MH in SB/SL Health Centers Reimbursed by Medicaid

History (continued)

- April 2002--Medicaid Bulletin Article Authorized Psych Services for Children and Adolescents 0-21
- Work Group Convened to Develop Expanded Policy Guidance (state, regional, local staff)
- Dec. 2002--Medical Policy 8I published
- May 2003--Resource Manual and Sample Forms Distributed

Definition of Psych Services

- Medicaid: *Goal directed interventions designed to enable children, adolescents and their families to cope more effectively with complex problems. . .*
- Broader Use of Term in This Training
- WCHS Standards and Guidance Based on Medicaid Requirements

Who Can Provide Services?

- Medicaid:
 - Licensed Clinical Social Workers
 - Advanced Practice Psychiatric Clinical Nurse Specialists (CNS)
 - Advanced Practice Psychiatric Nurse Practitioners (NP)
 - Licensed Psychologists

Who Can Provide Services?

- Health Choice:
 - See Appendix A in *NC Health Choice: Frequently Asked Questions for Mental Health Professionals* handout

What Documentation Is Required?

- Reason for Referral
- Signed Informed Consent for Treatment (Treatment Contract)
- Assessment Results (must include mental status)
- Diagnosis

What Documentation Is Required?

- Treatment Plan Signed by Clinician and Client (Parent/Guardian for Younger Child)
- Progress Notes
 - Date and Duration of Session (in minutes)
 - Purpose of Contact
 - Nature of Intervention
 - Relationship of Intervention to TX Plan
 - Effectiveness of Intervention
 - Signature and Credentials of Provider

Additional Documentation When Indicated:

- Screening and/or Referral Forms
- Consultation with Other Professionals
- Authorization for Release of Information Signed by Client
- Crisis Plan
- Discharge Summary and Follow-Up Plan

**Location of Mental Health
Documentation**

- Separate Section in Medical Record
- Separate Mental Health Record
