

## Overview of Psychological Services for Children and Adolescents 0-21

May 12, 2004  
Chapel Hill, NC

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## History of MH Services for C&A in Public Health Settings

- Increased Awareness of Inter-relatedness of Physical and Mental Health
- 1998--MH for C&A Funded by Health Choice
- Nov. 2000--MH in SB/SL Health Centers Reimbursed by Medicaid

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## History (continued)

- April 2002--Medicaid Bulletin Article Authorized Psych Services for Children and Adolescents 0-21
- Work Group Convened to Develop Expanded Policy Guidance (state, regional, local staff)
- Dec. 2002--Medical Policy 8I published
- May 2003--Resource Manual and Sample Forms Distributed

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## Definition of Psych Services

- Medicaid: *Goal directed interventions designed to enable children, adolescents and their families to cope more effectively with complex problems. . .*
- Broader Use of Term in This Training
- WCHS Standards and Guidance Based on Medicaid Requirements

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## Who Can Provide Services?

- Medicaid:
  - Licensed Clinical Social Workers
  - Advanced Practice Psychiatric Clinical Nurse Specialists (CNS)
  - Advanced Practice Psychiatric Nurse Practitioners (NP)
  - Licensed Psychologists

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## Who Can Provide Services?

- Health Choice:
  - See Appendix A in *NC Health Choice: Frequently Asked Questions for Mental Health Professionals* handout

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**What Documentation Is Required?**

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- Reason for Referral
- Signed Informed Consent for Treatment (Treatment Contract)
- Assessment Results (must include mental status)
- Diagnosis

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**What Documentation Is Required?**

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- Treatment Plan Signed by Clinician and Client (Parent/Guardian for Younger Child)
- Progress Notes
  - Date and Duration of Session (in minutes)
  - Purpose of Contact
  - Nature of Intervention
  - Relationship of Intervention to TX Plan
  - Effectiveness of Intervention
  - Signature and Credentials of Provider

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**Additional Documentation When Indicated:**

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- Screening and/or Referral Forms
- Consultation with Other Professionals
- Authorization for Release of Information Signed by Client
- Crisis Plan
- Discharge Summary and Follow-Up Plan

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**Location of Mental Health  
Documentation**

- Separate Section in Medical Record
- Separate Mental Health Record

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